



Movies for Self-Care Days



print & cut out the strips and choose one whenever you need a bright spot in your day!

Say Anything

Sixteen Candles

The Breakfast Club

Pretty in Pink

Breakfast at Tiffany's

Roman Holiday

Sabrina

The Wizard of Oz

*Willy Wonka and the
Chocolate Factory*

Frozen

Tangled

Beauty and the Beast

The Land Before Time

Legally Blonde

*10 Things I Hate
About You*

13 Going On 30

She's the Man

Harry Potter

Lord of the Rings

Chronicles of Narnia

Silver Linings Playbook

The Theory of Everything

Black Swan

The King's Speech

Pride and Prejudice

Sense and Sensibility

Jane Eyre

Anna Karenina

Twilight

The Hunger Games

Divergent

Fifty Shades of Grey

Mamma Mia!

High School Musical

Chicago

*The Rocky Horror
Picture Show*

Grease

Rent

The Greatest Showman

Love, Actually

Elf

A Christmas Story

Jingle All the Way

Deck the Halls



add your own!